

In this week's Community Involvement Spotlight, we recognize [Catherine Mihalick's](#) service with the Greater Wyoming Valley YMCA and all of the great work that the Greater Wyoming Valley YMCA performs in our community.

Catherine currently serves as a member of the Greater Wyoming Valley YMCA Board of Trustees, as well as its Kentucky Derby Committee and Executive Committee. She is also Co-Chair of the Investment Committee of the Greater Wyoming Valley YMCA.

The mission of The Greater Wyoming Valley YMCA centers around youth development, healthy living and social responsibility. It firmly believes that a strong community can only be achieved when we invest in our kids, our health and our neighbors. The Greater Wyoming Valley YMCA offer programs in healthy living, fitness and wellness for all.

To learn more about the Greater Wyoming Valley YMCA, visit <https://wymca.org/>